

CSC TENNIS JUNE SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6-7am CARDIO TENNIS 3.0 - 4.0+ level men and women		6-7am CARDIO TENNIS 3.0-4.0 + level men & women		6-7am CARDIO TENNIS 3.0 -4.0 level men and women		
Open lesson time		Open lesson time				
Open lesson time		Open lesson time	Women's USTA 3.0 matches thru June. See match schedule.			
**** 9am-12pm as of June 26th JUNIOR CAMP	9am-12pm as of June 26th JUNIOR CAMP	9am-12pm as of June 26th JUNIOR CAMP	9am-12pm as of June 26th JUNIOR CAMP	Women's USTA 3.5 matches thru June. See match schedule.	Mens Interclub matches 9am start. See schedule for home matches.	
11-12:30pm WOMEN'S CUP TEAM Practice thru end of matches						
		12-1pm Cardio Tennis \$ Fitness All levels	12-1pm Beginner Ladies Clinic True Beginner			
1-2:30pm CUP & USTA 3.0 TEAM Practice thru end of matches	1-2:30pm USTA 3.5 TEAM practice thru end of matches. Will become Int Ladies Clinic		1-2:30pm Intermediate Ladies' Clinic Open to 3.0+ level		1pm start: JTT Home Matches thru June 16th	
	Open lesson times	Open lesson times	Open lesson time			
	4:30-5:30 12 & Under JTT Practice thru mid June		4:30-5:30 12 & Under JTT Practice thru mid June			
	5:30-7pm MEN'S TEAM TENNIS PLAY OPEN TO ALL		5:30-7pm MEN'S TEAM TENNIS PLAY OPEN TO ALL			
6-7pm Beginner Adults Men and Women True & Advanced Beginner	NEW !!! 6-7pm MENS BEGINNERS 2 weeks only June 19 & 26	6:-7.30 pm I'M A GOOD PLAYER CLINIC :) For the very solid 3.5 & 4.0 and up men & women STARTING MID JUNE	NEW !!! 6-7pm MENS BEGINNERS 2 weeks only June 21 & 28			

Note: Junior Camp has a new start date of Friday, June 22nd. First full week to begin Monday , June 26th See Brochure fr more info.

WOMENS and MEN BEGINNERS - Numbers will be limited so sign up in advance -Basic technique broken down and built up so you can rally and start to feel confident enough to play.

WOMENS INTERMEDIATE - 2 a WEEK - TUESDAY & THURSDAY - Practicing with consistent instruction is the key to improving. Here's your chance to up your game this summer.

OPEN CLINIC or LESSON TIMES - If you have a group of friends, or would like a semi or private lesson these times can be booked - providing it didn't rain during the week in which case Friday morning might be used as a make up day for the junior tennis camp

CARDIO AND FITNESS tennis - a awesome way to increase your endurance and muscular strength while having a blast with fast paced drills, exercises and point play.

I'M A GOOD PLAYER CLINIC - Don't be shy - you know who you are. Everyone needs a place to practice and play - lets make that happen !

Email Ruth if you are interested and would like to sign up for clinics or lessons RUTHDI2008@GMAIL.COM ALL CLINICS REQUIRE SIGN UP IN ADVANCE

